**周年音樂會預告**

**心光機構項目主任 葉文琛先生**

心光盲人院暨學校將於2024年2月2日下午1時30分至3時30分，於學校禮堂舉行周年音樂會。我們有幸再次獲得「殘疾人士藝術發展基金」資助，於今年5月開展第二次為期三年的「視障音樂專才計劃」。這次計劃新增了鋼琴即興班，學員會於周年音樂會中展示其即興創作成果。除此以外，音樂會節目還包括各種樂器獨奏和合奏，觀眾有機會欣賞到不同風格的音樂和演奏技巧。我們誠邀您來參加這場音樂盛宴，一同見證學員們的努力與成長！

**Ebenezer Music Academy Annual Concert**

We are delighted to announce that Ebenezer School & Home for the Visually Impaired will be hosting a special concert in our auditorium on 2 February, 2024, from 1:30 PM to 3:30 PM. We are fortunate to have received funding once again from the Arts Development Fund for Persons with Disabilities, launching the 'Ebenezer Music Academy Project' for another three years. This year, we have introduced an improvisational piano course. During the concert, our students will showcase their improvisational pieces. The program also features a variety of solo and ensemble performances, providing the audience with an opportunity to appreciate diverse musical styles and performance techniques. We cordially invite you to join us at this musical feast, where you can witness the effort and growth of our students through their music.

**Mr. Ip Man Sum, Project OfficerEbenezer Music Academy**

**《2023心光傲行》**

**心光恩望學校 張芷瑩姑娘**

「2023心光傲行」已於12月9日順利舉行，今年的主題為「愛心綻放行出希望」。活動當日很榮幸邀請到保安局副局長卓孝業先生, PDSM, JP、華人置業集團行政總裁兼執行董事陳凱韻女士及心光愛心大使—歌影視紅星蘇永康擔任主禮嘉賓，並有丁文俊先生與同學合唱，藉此喚起公眾對視障人士的關注。除步行活動外，當日會場內亦設有不同的視障體驗活動，包括：視障咖啡調製、由視障青年教授音樂、藝術欣賞、心光歷史活動展覽等，場面熱鬧。 本屆「心光傲行」獲劉鑾雄慈善基金、民生書院同學會、東日物流（香港）有限公司、KT Concept、加拿大帝國商業銀行、香港沙田獅子會、香港沙田少年獅子會、香港沙田動力青年獅子會、Watermark Community Church等機構、合作伙伴及各界善長支持，共籌得港幣約77萬元，有助機構為視障人士提供更優質和多元化的服務。 **Walk with PRIDE 2023**

The event ‘Walk with PRIDE 2023’ was successfully held on 9 December, with this year's theme being ‘Love Blooms, Walking with Hope’. We were delighted to have Mr Cheuk Hau-Yip, Michael, PDSM, JP, the Under Secretary for Security, Ms Chan Hoi-wan, CEO of the Chinese Estates Holdings Limited, as well as the ambassador of Ebenezer — artiste Mr William So Wing-Hong as our guests of honour and Mr Augus Ting to sing with our student. This event aimed to raise public awareness for visually impaired individuals. In addition to the walking activity, various VI experiential activities were set up, including coffee brewing, music teaching, art appreciation and Ebenezer History exhibition, creating a lively atmosphere. Our event received support from organizations, partners, and generous donors, including the Joseph Lau Luen-hung Charitable Trust, Munsang College Alumni Association, ESA Logistics (HK) Co., KT Concept, CIBC, Lions Club of Shatin, Lions Club of Shatin Junior, Lions Club of Shatin Dynamic Youth, Watermark Community Church, and others. Together, they raised approximately $770,000 Hong Kong dollars, which will contribute to providing visually impaired individuals with higher-quality and more diversified services.

**Ms. Cheung Tsz Ying, Assistant Executive OfficerEbenezer New Hope School**

**恒隆視障人士獎學及發展金 「有作為」計劃項目主任 陳嘉綠姑娘** 恒隆地產於2023年捐助心光學校設立「恒隆視障人士獎學及發展金」，支持視障學生及畢業生繼續進修及發展事業，成就視障人士的多元發展。 「恒隆一心義工隊」為心光進行了一系列義務服務及活動，例如於2023年4月舉行點字書製作活動及8月舉行體適能訓練班。這些義工活動不僅讓視障人士發揮潛能，而且增加視障人士和社會各界人士的交流，促進社會共融。我們非常期待與恒隆繼續緊密合作，為他們提供更多機會和支持，共同推動視障人士融入社會，持續發展潛能。 第二期獎學金申請(適用於2024-25學年)將於2024年2月份開展，敬請留意。

**The Hang Lung Scholarship and Development Donation for the Visually Impaired**

Hang Lung Properties has partnered with Ebenezer to set up ‘The Hang Lung Scholarship and Development Donation for the Visually Impaired’ in 2023. The fund aims to support the holistic development of students and graduates of Ebenezer in pursuing their studies and career development. In addition, we have partnered with the ‘Hang Lung As One Volunteer Team’ to conduct a series of volunteer services and activities and organized a Braille book production volunteer activity in April 2023 and a physical fitness training programme in August 2023. These volunteer activities not only encourage participation and social interaction among visually impaired individuals, allowing them to unleash their potential but also create an inclusive environment where volunteers and visually impaired individuals can connect and build friendships. We look forward to continuing our close collaboration with Hang Lung to promote the integration of visually impaired individuals into society, nurture their potential, and provide them with more opportunities and support. Scholarship application for 2024-25 will be open in February 2024.

**Ms. Scarlett Chan, Programme Officer/Registered Social WorkerProject WORKS**

**地水南音保育及發展計劃**

**心光學校 郭朗蔚老師**

本院獲香港特別行政區政府「非物質文化遺產資助計劃」資助，舉辦為期兩年的「多元共融非遺推廣計劃」之「心光地水南音保育及發展計劃」，計劃旨在舉辦一系列的南音相關課程以推廣及增加視障界對南音的興趣和認識。 計劃已在今年十月下旬開放予所有視障人士報名參加，並已於十一月順利開展南音伴奏樂器（秦琴、二胡）培訓班、南音說唱培訓班和傳承人培訓班。課程以小班教學形式進行，由資深南音演奏家和導師主講，教授內容包括中樂樂器初級訓練、南音樂理、演奏技巧、表演技巧和南音歷史文化 ，以加深學員對南音的認識及充分掌握南音技巧。學員稍後還會在兩場公眾音樂會上表演，展示所學成果，請大家拭目以待。

**Ebenezer Conservation and Development Project for Nanyin**

Our Music Academy, with sponsorship from the Intangible Cultural Heritage Funding Scheme of the HKSAR Government, is running a two-year project called the 'Ebenezer Conservation and Development Project for Nanyin' to promote and preserve Nanyin. The project aims to promote and increase awareness of Nanyin among the visually impaired community by providing free Nanyin course and performance opportunities for all people with visual impairment. The programme is led by experienced Nanyin master performers and educators, and covers topics such as Nanyin music theory, performance techniques, history and culture. The programme will be taught in small groups to allow participants to fully master Nanyin techniques. In addition, participants will have the opportunity to perform in public concerts to showcase their learning. Application to enroll the courses was open to all individuals with visual impairment in late October. The school is humbled by the overwhelming support shown for its new course, having successfully launched the Nanyin Accompaniment Instrument Training Course (Qinqin and Erhu), the Basic Nanyin Singing Course and the Legacy Inheritors Course in November. Ebenezer Conservation and Development Project for Nanyin is a valuable opportunity for individuals with visual impairment to learn about and participate in this important cultural tradition. The school looks forward to seeing the project grow and thrive in the years to come.

**Ms. Kwok Long Wai, TeacherEbenezer School**

**李冰愛心承傳音樂會**

**心光學校 戴卓盈老師**

心光合唱團有幸獲邀參與「李冰愛心承傳音樂會暨李冰聲樂發展基金及李朱淑鈞教育基金頒獎典禮2023」，典禮於10月27日假基督教香港信義會真理堂舉行，同場獻樂的還有多位才華橫溢的視障青少年及李冰女士的聲樂門生，本院院長郁德芬博士亦是其中一員。合唱團在參與演出和欣賞表演之外，也受得獎者激勵，期望能積極發揮潛能，在音樂造詣上更上層樓。

**Lee Bing Passing On the Love Concert**

Ebenezer Choir was invited to give a performance in ‘Li Bing Vocal Music Development Fund and Li Chu Shuk-kwan Education Fund Charity Concert cum Award Presentation Ceremony’ at Truth Lutheran Church on 27th October. Apart from our Choir, a number of visually impaired musicians and students of Ms. Lee Bing, including our CEO, Dr Alice Yuk, demonstrated their music talents that evening. As our Choir members enjoyed participating in and appreciating the performances, they were also inspired by the award recipients, actively cultivating their personal potential and further advancing in the realm of music.

**Ms. Tai Cheuk Ying, TeacherEbenezer School**

**師恩難忘**

**心光學校2023文憑試畢業生 盧國寶同學**

非常感激心光學校在2019年開設高中課程，令我可以原校升讀高中。剛升讀高中時，功課量比初中要多和困難得多，幸而得到各位老師循循善誘的教導，加上自己堅定的意志，終於克服困難，順利於今年夏天畢業。 在心光學校求學時，每當我在課堂上遇到困難，老師會馬上為我解答。因為學生的人數較少，故此老師可以關顧每個學生的個別需要。在此，我要再次感謝班主任及中文科老師—黃老師，她除了教導我學科知識外，也時常在生活上提點我，讓我能更快適應大專的生活；另外，我也要多謝英文科李老師，她為我打好英語根基，為將來升學做好準備；接著要多謝廖老師，他教導我們批判思考，分辨對錯；最後要多謝黎老師，他教導我追求學問要勇於發問。感謝學校完善的支援和每位老師悉心的教導，令我可以勇敢地面對升學路上的各種挑戰。

**Gratitude to Ebenezer**

I deeply appreciate Ebenezer School for implementing the New Senior Secondary Curriculum, which allowed me to further my education at the same school. The transition to high school brought a significant increase in workload and challenges compared to junior high. However, with the unwavering support and guidance from the teachers, as well as my own determination, I successfully overcame these obstacles and graduated this summer. Throughout my time at Ebenezer School, whenever I faced difficulties in class, the teachers were always there to provide timely assistance. The smaller class size allowed for a more personalized approach, with teachers catering to the individual needs of each student. I would like to express my heartfelt gratitude to my homeroom and Chinese language teacher, Ms. Wong, who not only imparted academic knowledge but also provided guidance in my personal life, aiding in my smooth transition to college life. I am also thankful to my English teacher, Ms. Lee, who helped me lay a strong foundation in the English language and prepared me for future studies. Furthermore, I appreciate Mr. Liu for teaching critical thinking, and Mr. Lai for encouraging me to pursue knowledge with inquisitiveness. I am truly grateful for the comprehensive support and dedicated guidance provided by the school and each teacher, empowering me to confidently overcome the challenges on my educational journey.**Jimmy Lo, HKDSE 2023 GraduateEbenezer School**

**感恩有心光**

**心光學校2023文憑試畢業生 張佩怡同學**

我在心光學校度過了小學和中學生涯，回顧高中的時光，當中有很多令我難忘的事情。我還記得剛升上高中時，課程比初中困難得多，每份功課都要花很多時間去完成。幸好老師了解我的情況，調整了功課的數量和難度，讓我可以慢慢跟上進度。在心光學校，老師不但會仔細講解學科內容，還會耐心指正我們的錯誤，讓我成長了不少。 我衷心感謝學校開辦新高中課程，讓我可以選擇適合自己的學科。我還要感謝校長、老師及所有教職員的幫助，讓我可以順利畢業，升讀專上課程。

**Thank you, Ebenezer!**

I spent my primary and secondary school years at Ebenezer School, and looking back at my high school days, there are many unforgettable experiences. I still remember when I first entered high school, the courses were much more challenging than in junior high and so I had to spend a lot of time completing each assignment. Fortunately, the teachers understood my situation and adjusted the amount and difficulty of the homework, allowing me to catch up gradually. At Ebenezer School, the teachers explained the learning materials in great detail and patiently corrected our mistakes, which helped me grow a lot. I sincerely appreciate the school for introducing the New Senior Secondary Curriculum, which allowed me to choose subjects that suited me. I would also like to express my gratitude to the principal, teachers, and all the staff for their assistance, which enabled me to graduate smoothly and further my studies at the tertiary level.**Cindy Cheung, HKDSE 2023 GraduateEbenezer School**

**成功的關鍵**

**校友 鄭旨軒同學**

人們常認為努力是成功的關鍵，只要我們全心全力投入，就能達成目標。然而，身邊人的支持對我們的成功其實同等重要。他們為我們雪中送炭，為我們錦上添花。因此，我在攻讀劍橋大學經濟學位期間，仍時刻銘記著心光學校的支持。 在心光學校求學期間，我獲得老師和同學的支持。這種支持涵蓋學業和生活的各個層面。回憶如此鮮明，我此刻仍歷歷在目：小五時，我和同學及老師一起創立了每週五播放的英語廣播節目。我們共同籌備節目、構思劇本，並一起進行廣播。因著我們的熱情和決心，加上互相支持，廣播節目獲得了巨大的成功，成為學校每週五的固定節目，時至今日仍在播放。 我想強調的是，學校的支持對我的成功至關重要。因此，我懇請心光的師弟妹珍惜在這裡的時光，自強不息，將來傲澤社群。我相信在心光學校全方位的支持下，各位師弟妹也能無後顧之憂地朝標杆邁進，取得成功。

**Keys to Success**

We often hear about the belief that success only comes from hard work and that as long as we dedicate our time and effort to an aspiration, it will be achievable. However, the fact is, that the people you surround yourself with are as instrumental in your success as you are. As I go on to study Economics at Cambridge, I believe this will be the lesson that sticks with me the most from my time in school. During my time in Ebenezer, I experienced an environment of support from the teachers and my classmates. Nothing exemplifies this more than a distinct memory of mine when I was in Primary 5. After the set-up of the English Radio which was due to be broadcast on Friday, it was down to us and our teacher to create the program. It was only due to our common passion and determination for the project and our efforts together as a collective did the radio become a permanent fixture on Fridays. I would implore all students still at this wonderful school to cherish the time you have left here, and most importantly, do not take the wonderful environment that this school creates for granted. With such a community behind you, all that is left for you to do is to work hard and achieve such successes.

**Lucas Cheng, AlumnusEbenezer School**

**白杖日暨全校旅行**

**心光學校 陳炳基老師**

本年白杖日暨全校旅行以文化保育為主題，全校師生一同前往大埔碟豆花園考察。學生領袖於出發前帶領同學規劃路線，運用流動應用程式搜尋出行路線和交通工具到站時間等資訊。隨後，高年級同學使用白杖自行前往目的地，向公眾展現視障同學獨立自強的一面。到達目的地後，師生結伴親親羊駝、黑鼻羊及乘坐天鵝觀光船，共同渡過豐盛的一天。

**White Cane Day cum School Picnic**

This year's White Cane Day cum School Picnic had a cultural conservation theme. The entire school, including teachers and students, visited Tai Po Butterfly Valley for observation. Student leaders guided their peers in planning routes using mobile apps to search for travel routes and transportation schedules. Afterwards, senior students made their way to the destination using white canes, showcasing the independence and resilience of students with visual impairment to the public. Upon arrival, teachers and students enjoyed interacting with alpacas, Blacknose sheep, and taking a pedal boat, creating a fulfilling day together.

**Mr. Chan Ping Kei, TeacherEbenezer School**

**健康校園計劃**

**心光恩望學校 鄭巧盈老師**

今年的健康校園計劃以「運動與健康」為主題，幫助教職員和學生養成良好的運動習慣和健康生活方式。計劃涵蓋骨質密度檢查、上肢體重承重訓練、學生口腔健康計劃和防感染比賽。此外，還有職員健康講座，主題包括日常護理、預防傳染病和正向心理等。學校亦舉辦秋季行山日，並於每月舉辦運動日，鼓勵員工享受自然美景、增強體能和緩解壓力，培養適當的運動習慣。透過共同參與和努力，我們合力創造健康和融洽的校園環境。**Healthy Campus Program**

The Healthy Campus Program this year focuses on ‘Exercise and Health’ to promote healthy habits among staff and students.It includes bone health checks and training, student oral health program, infection prevention competition, staff health seminars, regular sports activities and hiking activity. The program aims to create a healthy and harmonious campus environment.

**Ms. Cheng Hau Ying, TeacherEbenezer New Hope School**

**社區為本支援服務心光恩望學校 李凱雯姑娘**

感謝社會福利署、扶弱基金和凱瑟克基金的支持，使我們能持續為應屆畢業生、校友及照顧者提供「社區為本支援服務」，幫助他們融入社區。支援服務的早期介入和持續訓練有助學生適應成年後的生活；而上門訓練和社區生活訓練包括教授生活技能和使用智能手機的技巧，讓校友能獨立生活，與人溝通。同時，服務亦提供訓練用具並教導照顧者如何使用，讓學生在家庭和日常生活中實踐所學技能。此外，我們舉辦不同的社區教育活動，促進社會人士對視障者的理解和社區共融。

**Community-based Support Service**

Thanks to support from the Social Welfare Department, Partnership Fund for the Disadvantaged, and Keswick Foundation, our ‘Community-based Support Services’ continue to assist pre-graduates, graduates, and caregivers in integrating into the community. Services include early intervention, ongoing training, home-based training, and community living training. We provide skills training, such as smartphone usage, to promote independent living and communication. Training aids are provided, and caregivers are taught how to use them effectively. Community education activities are organized to promote understanding and inclusion of visually impaired individuals.

**Ms. Lee Hoi Man,School Social Worker,Ebenezer New Hope School**

**照顧者的故事**

**心光護理安老院 蔡國安主任**

晚飯時間，只見張先生拿著一小袋蘋果蓉匆匆趕到院舍。他溫柔地對寶鳳說：「媽媽，我是阿聲，帶了你喜歡的蘋果來，你試一口吧！」寶鳳於2021年入住心光護理安老院，如今已年屆90歲，正接受全面護理。張先生是她的兒子，也是照顧者。張先生在九龍工作，下班後努力爭取時間趕來院舍探訪母親。張先生希望能讓母親多聽自己的聲音，多觸摸自己，藉此陪伴她度過生命的最後階段。

**The Story of a Caregiver**

During dinner at the nursing home, Mr. Cheung hurriedly arrived with a bag of apple puree. He donned protective clothing and gloves, sweating as he approached Po Feng. He gently addressed her as ‘mom’ and offered her a taste of the apple puree, her favourite. Po Feng, a 90-year-old resident with blindness, cognitive impairment, and an infectious disease, required soft meals. She moved into the nursing home in 2021 and received full nursing care. Mr. Cheung, her son and caregiver, worked in Kowloon but always made time to visit his mother after work. Despite her inability to see her son, Mr. Cheung aimed to provide companionship by engaging her other senses. He wanted to support her through the final stages of her life.

**Mr. Terence Choi, SuperintendentEbenezer Care and Attention Home「國王歌手」無伴奏合唱工作坊心光學校 戴卓盈老師 心光機構項目主任 葉文琛先生**

本校有幸於10月17日邀請到著名的英國無伴奏人聲室內合唱團—國王歌手（The King's Singers）到來表演及為心光合唱團作出指導。本校合唱團率先表演兩首曲目，並獲得「國王歌手」合唱團提供寶貴的意見。「國王歌手」合唱團隨後為學生送上兩首無伴奏迪士尼歌曲，為學生帶來獨特而難忘的音樂體驗。

**The King’s Singers A capella Workshop**

Our school had the privilege of inviting the renowned British A cappella ensemble, The King's Singers, to perform and provide guidance for the Ebenezer School Choir on 17 October. Our talented students performed two pieces and were honoured to receive valuable advice and feedback directly from the maestros. The King's Singers also performed two A cappella Disney songs, providing an unforgettable experience, leaving our students spellbound. Their visit illuminated our students' musical journey, inspiring them to continue their musical journey with renewed passion, and brought a unique and memorable experience to Ebenezer School.

**Ms. Tai Cheuk Ying, TeacherEbenezer SchoolMr. Yip Man Sum, Project OfficerEbenezer Music Academy**

**家教聯周年會員大會及新任委員名單**

**心光學校 梁孝貞姑娘**

2023-24年度家教聯周年會員大會已於10月15日舉行，選出陳寶瑜先生和林清樺女士為新一屆家長校董和替代校董，並通過23-25年度新任家長委員成員任命。會議中報告了上年度的會務、財政及本年度的發展重點。家教聯將致力繼續促進家校交流，確保學生能快樂地學習和成長。

**The PSA Annual General Meeting and the New Executive Committee**

The Parents Staff Association (PSA) Annual General Meeting for the 2023-24 academic year was held on 15 October. Mr. Chan Po Yue Winston and Ms. Lam Ching Wah were elected as the new Parent Manager and Alternate Parent Manager respectively. The appointment of the Executive Committee Members for the PSA 2023-25 was also approved during the meeting. Reports were presented on the previous year’s activities, finances, and the key development focus for the current year. The PSA is committed to fostering home-school communication and ensuring a positive learning and growth experience for the students.

**Ms. Leung Hau Ching, School Social WorkerEbenezer School**

2023-25年度心光學校家長教職員聯會

委員名單

|  |  |
| --- | --- |
| 職位 | 姓名 |
| 主席 | 鄭俊誼先生 (中二鄭婉婷家長) |
| 副主席 | 黃君保先生 (校長) |
| 文書 | 朱海儀女士(小四陳恩佑家長) 張文麗老師 梁孝貞姑娘(協理委員) |
| 財政 | 林清樺女士 (小五陳靖家長) 傅芷薇副校長 曹永莊姑娘(協理委員) |
| 康樂 | 鍾恩慧女士 (中四陳浤益家長) 戎梓愉老師 方少玉姑娘(協理委員)  方寶儀護士(協理委員) |
| 聯絡 | 莊潤月女士 (小四林子歡家長) 邵 凱先生 (小四邵知言家長)  王曉蕙老師 廖苑池老師 |

**扭計骰工作坊心光學校 黎健賢老師**

數學科在9月份為中學生舉辦了3場扭計骰工作坊。去年學生已學會解開3×3×1扭計骰，而今年他們要接受還原3×3×3扭計骰的挑戰。這次活動使用特別設計的扭計骰，每面都有觸感圖案，讓視障學生能按導師指示學習還原方法。數學科將繼續推廣視障扭計骰，以提升學生的空間感知、思考和手眼協調的能力。

**Rubik's Cube Workshop**

The school’s mathematics department organized three Rubik’s Cube workshops for secondary school students in September. The previous year’s students had already learned how to solve a 3x3x1 Rubik’s Cube, and this year they were challenged with solving a 3x3x3 Rubik’s Cube. The workshops featured specially designed Rubik’s Cubes with tactile patterns on each face, allowing visually impaired students to learn the solving methods with the guidance of instructors. The mathematics department plans to continue promoting Rubik’s Cube solving, aiming to enhance students’ spatial perception, critical thinking skills, and hand-eye coordination.

**Mr. Lai Kin Yin, TeacherEbenezer School**

**2023-25年度心光學校校友會幹事會心光學校 陳炳基老師、黃栢林老師**

校友會已於7月23日完成會員大會，選出新一屆幹事，繼續為學校和校友服務。

**新一屆校友會執行委員會名單主席：陳煥威先生副主席：吳嘉明先生名譽秘書：蘇智廉先生名譽司庫：周俊昌先生會員事務：譚世鴻先生外務、宣傳及活動組：李俊彥先生、徐文俊先生、廖傑康先生學校代表：陳炳基（老師）、黃栢林（老師）**

**Ebenezer School Alumni Association (ESAA) Executive Committee 2023-25**

The Alumni Association held its annual general meeting on 23 July. A new executive committee was elected. They will continue to collaborate with the School to serve students and alumni.

**Mr. Chan Ping Kei, Mr. Wong Pak Lam, TeacherEbenezer School**

**The office-bearers of the ESAA Executive Committee are as follows:Chairperson: Mr. Chan Wun Wai Vice Chairperson: Mr. Ng Ka MingHonorary Secretary: Mr. So Chi LimHonorary Treasurer: Mr. Chou Chun CheongMembers Affairs: Mr. Tam Sai HungExternal Affairs, Promotion and Events: Mr. Li Chun Yin, Mr. Chui Man Chun, Mr. Liu Kit HongSchool Representative: Mr. Chan Ping Kei (Teacher), Mr. Wong Pak Lam (Teacher)**

**校友運動同樂日**

**心光學校 陳炳基老師、黃栢林老師**

校友運動同樂日讓校友們齊聚一堂，重溫美好的校園回憶。校友們參與了特別的視障體育活動，如視障乒乓球和地壺球等，展現運動技能和團隊合作精神。校友們通過刺激又有趣的比賽，互相切磋，競技之餘亦不忘友誼為先，藉比賽重新認識老朋友，促進友情，建立更緊密的聯繫。

**Alumni Sports and Recreation Day**

The Alumni Sports and Recreation Day brought alumni together to relive cherished campus memories. Alumni actively participated in special visually impaired sports activities, including visually impaired table tennis and floor curling, showcasing their athletic abilities and teamwork. Through stimulating and enjoyable competitions, alumni engaged in friendly rivalry while prioritizing friendship. The event served as a platform for reconnecting with old friends, fostering camaraderie, and establishing stronger bonds. Beyond reminiscing about their student days, the Alumni Sports and Recreation Day promoted physical and mental well-being, strengthening the unity and cohesion of the alumni community.

**Mr. Chan Ping Kei, Mr. Wong Pak Lam,TeacherEbenezer School**

**校友聖誕崇拜**

**福音事工部 莊欣姑娘**

本年度校友聖誕崇拜暨愛筵於12月9日在心光學校禮堂舉行，有超過100位校友和義工參與。當日邀請了關志偉傳道作分享，並有樂頌聖詠團獻詩。疫情過後，校友們能一同參與崇拜並享受豐盛的美食，最後帶著歡笑和禮物回家，實在令人感恩。再次衷心感謝每一位義工的熱情參與，為校友帶來歡樂和祝福。

**Alumni Christmas Worship**

The Alumni Christmas Worship Service was held on 9 December at Ebenezer School Hall with over 100 alumni and volunteers attending. Pastor Kwan Chi Wai shared a message, accompanied by the Cantata Choir’s performance. We were grateful for the opportunity to worship, enjoy a feast, and exchange gifts. We thank all the volunteers for their enthusiastic participation.

**Ms. Chong Yan Janice, OfficerChristian Ministry**

**有「種」藝術社區藝術計劃**

**心光學校 林思玲老師**

本校榮獲香港青年藝術協會邀請參加「有『種』藝術社區藝術計劃」藝術家駐校計劃2023，為學生提供豐富的藝術體驗和創作機會。計劃安排藝術家Karen Pow於視藝課帶領中一至中三同學進行六次創作工作坊，讓學生認識大型軟雕塑，並與藝術家共同創作，學習縫紉和編織技巧，獲益良多。同時，學生於11月27日與中華基督教會銘賢書院學生進行交流，分享創作理念。主辦機構將於2024年2月安排公開展覽，展示創作成果。

**Hong Kong Youth Arts Foundation**

Our school is delighted to be invited by the Hong Kong Youth Arts Association to join the ‘stART Up Community Arts Project - Artist-in-residence Program’ in 2023. This program offers students enriching art experiences and creative opportunities. Artist Karen Pow led six art workshops for students in Visual Arts classes from P.1 to S.3.Students collaborated with the artist on large-scale soft sculptures, learning sewing and weaving techniques while gaining valuable insights. They also engaged in an exchange session with students from CCC Ming Yin College on 27 November, sharing their creative ideas. A public exhibition in February 2024 will showcase the students’ accomplishments.**Ms. Lam Sze Ling, TeacherEbenezer School**

**學生領袖培訓工作坊暨啟動禮**

**心光學校 戴卓盈老師**

2023-24年度領袖訓練計劃於10月6日啟動，本年度共有17位第二及第三層領袖訓練計劃的學生參與。他們來自小五至中六，於校內擔任不同的領袖崗位，領袖訓練計劃有助培養他們的領導潛能和服務精神。啟動禮兼領袖培訓工作坊由本校與明愛胡振中中學合辦，學生參觀了胡振中中學的「心靈品茶室」，參與茶道工作坊和默想練習等活動，豐富生活體驗。而透過與友校師生的交流，學生亦學習停下腳步，反思自我。

**Student Leadership Training Programme- Leadership Training Workshop cum Opening Ceremony**

The 2023-24 Student Leadership Training Programme started on 6 October, with 17 students excelling as leaders from our school community. The program aims to equip them with skills and experience to become exceptional leaders. In collaboration with Caritas Wu Cheng-chung Secondary School, we organized a Leadership Training Workshop and Opening Ceremony. Students visited the school’s ‘Wellness Centre’ and engaged in activities like a tea ceremony and meditation. This experience provided a fresh perspective and fostered exchanges with students and teachers from the partner school, encouraging self-reflection and unlocking their leadership potential.**Ms Tai Cheuk Ying, TeacherEbenezer School**