

Ebenezer 125th Highlights

PRIDE Ebenezer School and Home for the Visually Impaired 第七十五期 No.75 二0二一年十二月 December 2021



Walk with PRIDE 2021

心光125 週年紀念感恩短片 Ebenezer 125th Anniversary Promo Clip

《同行見未來》The Future is Ours

日期 Date: 慶祝活動 Event: 1 內容 Content:

日期 Date: 慶祝活動 Event: 2 內容 Content:

日期 Date: 3 慶祝活動 Event: 內容 Content:

日期 Date: 4 慶祝活動 Event: 内容 Content:

日期 Date: 5 慶祝活動 Event: 內容 Content:

日期 Date: 慶祝活動 Event: 6 內容 Content:

日期 Date: 7 慶祝活動 Event: 內容 Content:

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2021年11月13日 心光愛同行電影放映會 播放電影:《一路瞳行》

2021年12月5日 2021心光傲行開幕式 125週年活動啓動禮暨步行籌款活動開幕式

2021年12月5日至31日 125週年線上步行籌款 @FringeBacker

2022年1月8日 心光電影放映會||@星影匯 播放電影:《一路瞳行》

2022年4月21-22日 教育論壇及研討會 從教育研究及生涯規劃角度·探討視障人士的 發展方向。

2022年4月23日 感恩音樂會 心光「音樂專才計劃」學員畢業表演

2021年12月至2022年6月 社會融合創新設計比賽 鼓勵青少年與視障人士、長者共同策劃及創作 能貢獻社會之新點子、新服務、新產品設計等 工作·共建和諧共融的社會

日期 Date: 慶祝活動 Event:

聖誕威恩崇拜暨125週年活動閉幕禮

2022年12月21日

歐美芳女士

13 Nov 2021 125th Anniversary Film Screening I @JP Cinema City, CWB Film: 《Sunshine Of My Life》

5 Dec 2021 Walk With PRIDE 2021 Opening Ceremony The 125th anniversary kick-off ceremony cum Walkathon 2021 Opening Ceremony

5-31 Dec 2021 125th Anniversary Virtual Walk

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or a Better World



21-22 Apr 2022 **Education Forum** Educators, professionals and employers to exchange ideas about education and career development for the visually impaired

23 Apr 2022 Singspiration Concert Ebenezer Music Academy graduation ceremony & performance

Dec 2021 to Jun 2022 Social Inclusion & Innovative Design Thinking Competition Collaboration between the public and the VIPs/elderly in designing ideas, services and products to co-create an inclusive society

21 Dec 2022 Christmas Service cum Closing Ceremony



Ms. Angelina Kwan Mr. Roger Nissim Ms. Madeleine Green Ms. Sandra Leung 國意女士 李森先生 温明蘭女士 梁承敏女士

《心光傲行2021》暨125週年活動啓動禮 心光學校 曹永莊舍監

為慶祝心光盲人院暨學校踏入125週年,機構已密鑼緊鼓地籌備不 同的活動。本年度《心光傲行》於2021年12月5日至31日舉辦線上步行 慈善籌款活動,以助持續提供全面及創新的服務予視障人士,並提高大 眾對視障人士的關注,共同邁向美好的未來。

《心光傲行2021》開步典禮暨125週年活動啓動禮已於12月5日 (星期日)於心光學校舉行。當日,機構十分榮幸邀請到香港特別行政 區教育局局長楊潤雄先生,JP及華人置業集團行政總裁陳凱韻女士擔任活 動的主禮嘉賓,為同學作出訓勉;歌影視紅星蘇永康先生及胡定欣小姐 亦親臨現場支持一眾視障同學及青年,場面盛大,為《心光傲行》暨 125週年活動揭開序幕。

Ebenezer Walk with PRIDE 2021 – 125th Anniversary Virtual Walkathon

To celebrate Ebenezer's 125th anniversary, we held a virtual walkathon Walk with PRIDE in December 2021. Through this event, we hope to raise funds to support new initiatives and a more comprehensive service as well as to raise public awareness about the visually impaired. The kick-off ceremony of the walkathon was successfully held at Ebenezer School on 5 December. We were grateful to have Mr. Kevin Yeung, JP, Secretary for Education, Ms. Kimbee Chan, CEO of the Chinese Estates Holdings Limited, as well as artistes Mr. William So and Ms. Nancy Wu as our guests of honour. Ms. Stella Cho, Warden

Ebenezer School



嘉賓在心形裝飾上寫上對心光的祝福 Our guests write their best wishes to Ebenezer on the heart-shaped ornaments



教育局局長楊調雄先生, JP在起步禮致辦 Mr Kevin Yeung, JP, Secretary for Education, speaking at the kick-off ceremony



嘉賓蒙眼步出典禮場地,體驗視障 Our blindfolded guests are led onto the stage to experience walking without sight



一眾嘉賓紹心欣賞心光學生的音樂表演 Guests enjoying the music performance by Ebenezer students



嘉賓為典禮揭開序幕 The kick-off ceremony



心光傲行2021在歡樂聲中起步 A joyous start of Ebenezer's Walk with PRIDE 2021

心光125週年教育研討會

心光學校 黎志超副校長

2022年是值得我們感恩及慶祝的一年,因為心光盲人院暨學校在香港的視障教育服務將踏入第125個年頭。心光125週年慶典的主題為《同 行見未來》,我們期望藉著未來一年的活動,發揮視障人士的潛能,大家攜手同行,創建共融社會、美好明天。

125週年慶典其中一項活動為「視障教育研討會暨教職員發展日」,將於2022年4月21至22日舉辦。研討會將邀請本地、內地及海外學者主 講,向教職員、家長、畢業生及關心視障教育的人士,分享他們在特殊教育、視障教育及職涯發展的寶貴經驗。因應疫情的變化,研討會除設有 實體形式外,亦有即時網上直播,詳情及報名方法將於稍後發放。現誠邀各位出席是次研討會,有關詳情如下,請預留時間抽空出席。

Ebenezer 125th Anniversary Education Forum

Greetings! 2022 is an exciting year for Ebenezer School and Home for the Visually Impaired as we are celebrating the 125th Anniversary since its founding in 1897. The anniversary theme, "The Future is Ours", reflects our confidence in the vast potential of people with visual impairment and our determination to expedite their success and to build an inclusive society together.

As part of the year-long celebration, we are holding a 2-day education forum on 21 & 22 April 2022 to gather teachers, educators, professionals, employers and alumni to exchange ideas about the latest development in education for the visually impaired. Local, mainland and overseas scholars will be invited to speak at the forum to share teaching and learning strategies, support services and career development. The forum will be held physically as well as streamed live online. Details of the programme and enrolment will be announced shortly.

We are pleased to invite you to join the forum, please save the date.

- Date: 21-22 April 2022
- Time: 9:00 am 4:30 pm

Venue: Assembly Hall, 3/F, Ebenezer School, 131 Pokfulam Road, HK

日期:2022年4月21至22日

時間:上午9時至下午4時30分

地點:薄扶林道131號心光學校三樓禮堂

心光賽馬會音樂旅程正式展開 心光機構 項目經理 麥家珮女士

本校獲香港賽馬會慈善信託基金捐助,於2021年6月正式展開 「心光賽馬會音樂旅程」計劃。計劃旨在培養0至21歲學生、畢業生 及外讀生的音樂興趣及藝術涵養,讓他們達致均衡的個人成長,計劃 包括各類樂器基礎班及創意音樂體驗班,讓學員運用不同的感官去體 驗音樂的奧妙之處。計劃也著力發展音樂點字資源庫,建構網上資源 中心供視障人士使用及作教學用涂: 心光兩校之音樂老師亦會接受各 種音樂教學法的訓練。為了讓學員展示努力學習的成果,學校會舉辦 不同的音樂演出活動,用音樂與大眾共融。

The Ebenezer Jockey Club Music Odyssey Begins

Funded by the Hong Kong Jockey Club Charities Trust, the Ebenezer Jockey Club Music Odyssey began in June 2021 with the aim to nurture the talents of music lovers with visual impairment. The project welcomes learners from infants to the age of 21, providing various elementary instrumental training and creative music experiential activities so that the students can explore music through different senses. Besides, the programme aims to build a comprehensive Braille music score database and an Online Resource Centre to improve music education of the visually impaired. Ebenezer Music teachers will also benefit from the teachers' training provided by the programme. The public will get to see the learning achievement of our participants in the performances to come in the near future. Stay tuned!





表達自己的感受 Music Therapist Ms. Diana Chan encourages

作曲導師梁騫仁與學生討論歌曲的結構 Assistive Music Technology instructor Mr. Austin Leung is discussing the musical structure of a song with the students



the children to express themselves with music



音樂點字編輯鄧琪老師正在翻譯及編輯樂譜 Braille Music Editor Mr. Tang Ki translates and edits the music score



敲擊樂學員探索不同樂器發出的聲音 Students of the percussion clas as explore the timbres of different musical instruments

不同樂器探索的音樂訓練

「不同樂器探索的音樂訓練」為「心光賽馬會音樂旅程」的其中一 個項目·旨在為非本校的視障和智障學生設計及提供另類的音樂體驗到 校服務。今年·本校為慈恩學校和靈寶恩光學校開設了為期一年的課 程,希望通過有系統的音樂訓練發掘學生的個人潛能、提升專注力、表 達能力及認知能力。在課程中,音樂治療師會運用音樂軟件 Makey Makey 及音樂輔助樂器Skoog— 一款特別設計的電子樂器 · 嘗試創意 玩「樂」、藉此增強表達能力、自我效能感及團隊合作精神。

Music Exploration Training Course

As part of the Ebenezer Jockey Club Music Odyssey, Music Exploration Training Course is offered to students with visual impairment or intellectual disability from other schools. Chi Yun School and Haven of Hope Sunnyside School are the first to benefit from the one-year course covering music sensitivity activities using the music software Makey Makey and the assistive musical instrument Skoog an easy-to-play musical instrument designed for everyone to enjoy. In addition to the musical benefits, participants will also enhance their social, motor and communication skills through the innovative experiences.

Ms. Phyllis Mak, Project Manager Ebenezer Music Academy

學生隨音樂記録

to the music

The student can't stop dancing

學生探索樂器不同位置所發出的聲音 The student is listening to the sounds made from different parts of the musical instrument



音樂治療導師李愷珊姑娘鼓勵同學放膽接觸樂器及一起打節拍 Music Therapist Ms. Christina Lee encourages students to feel the instruments and beat a rhythm together



有個別需要的同學在音樂治療導師陳鏞兒姑娘鼓勵下享受學習音樂的樂趣 Students with special needs enjoy the music played by Music Therapist Ms Chan Oi-yee



學生透過音樂輔助樂器Skoog 享受與別不同的音樂演奏體驗 The student plays and creates music on Skoog, an assistive musical instrument

打破框框——奧福音樂教學法培訓 心光機構項目經理 麥家珮女士

「心光賽馬會音樂旅程」計劃邀請了香港奧福音樂協會為音樂老 師及導師提供30小時到校培訓課程,讓教師理解及實踐奧福教學法。 奧福教學法著重激發學生的想像力,提昇學生對音樂的敏感度及表達 能力,因此在課程中,教師會學習運用遊戲、感官活動、實用的訓練 方法及教具,以提升學生學習音樂的能力。

Out of the Box – The Orff Approach in Music Education

The Ebenezer Jockey Club Music Odyssey project has invited Hong Kong Orff Schulwerk Association to conduct pedagogy training for music teachers. Created by composer Carl Orff and his colleague Gunild Keetman, the Orff Approach builds understanding of concepts and skills by connecting students with music through speech/chants, movement, singing, drama, and by playing pitched and unpitched instruments. We believe the Orff approach will enlighten us further on music education for the visually impaired.

> Ms. Phyllis Mak, Project Manager Ebenezer Music Academy





香港奧福音樂協會副主席黎美丹女士主持第一、 二節的音樂教學法 Vice-chairman of the Hong Kong Orff Schulwerk Association Ms. Lai Mei Dan introduces us to the Orff Approach

老師們學習音樂節拍的轉換 The teachers practise listening to the change of tempo



老師們學習節拍的變化,以加強課堂的趣味 Teachers learn about the role of tempo variation in a music lesson



課堂完結時,大家踴躍發問和交流 Discussion continues after the lesson

音樂小組課堂

心光幼兒中心 霍靈枝主任

心光幼兒中心學童亦受惠於「心光賽馬會音樂旅程」計劃。由 2021年10月起,音樂治療師會大約每兩週到訪中心一次,以小組形 式為學生進行音樂基礎課堂,讓幼兒接觸不同的樂器及音樂形式,體 驗多樣化的音樂經驗,以加強幼兒的認知、感官及協調能力,並有助 他們抒發情感。

Music Group Lessons

Our centre children aged 2 to 6 also benefit from the Ebenezer Jockey Club Music Odyssey in the artistic cultivation. Elementary music group lessons are held every two weeks for students of ECCC starting from October 2021. Conducted by a music therapist, the lessons include various experiential activities where students can express themselves through music, strengthening children's cognition, sensitivity and coordination.





用鍵音條發出不同聲音 I learn to play the Chroma-Notes



跟隨音樂學打鼓 Let's play the drums together



齊來彈結他 I can play the guitar



跟著音樂拍拍手 Clapping my hands to the beat

《生命的光》 聖誕音樂會 心光機構 項目主任 李健暉先生

「視障音樂專才計劃」第四場音樂會將於12月21日假心光學校禮堂 舉行,主題為《生命的光》。随着疫情漸趨穩定,音樂會首次以實體形 式進行,並加入互動環節。我們有幸邀請到迪士尼樂園新一屆度假區親 善大使陳麗儀、唐俊迪及樂園義工、嘉賓與眾同樂,為大家帶來聖誕佳 節的歡樂氣氛,燃點內心的盼望和喜悅之光,鼓勵大家追求夢想!

Guiding Light – Ebenezer Music Academy Concert 2021

With the epidemic winding down in recent months, we are thrilled to announce that the Academy's Guiding Light concert is to be physically held on 21 December at Ebenezer Assembly Hall. We are honoured to have Hong Kong Disneyland Resort Ambassadors Ms. Lily Chan and Mr. Tony Dick and a team of kind-hearted volunteers to join us as guest performers in the concert, which will surely take the audience on a magical Christmas journey. You are welcome to show your support to our students and graduates by attending the concert.

Mr. Li Kin Fai Vincent, Project Officer Ebenezer Music Academy



團員與陳麗儀、唐俊迪齊心会力為音衆會進行排演 Disney Ambassadors Ms. Lily Chan and Mr. Tony Dick lead the team of performers in rehearsals



(生命的光) 實體音樂會於12月21日在心光學校續堂舉行 Ebenezer Music Academy's Guiding Light concert will be held on 21 December 2021 at Ebenezer Assembly Hall 心光合唱團正為演出努力排練 Ebenezer Choir gives their best effort in every practice

「有作為」企業及社區夥伴聚會2021 「有作為」計劃 項目經理 凃淑怡女士

「有作為」計劃為感謝合作夥伴・於2021於11月20日舉行企業及 社區夥伴聚會。當天蒞臨嘉賓眾多,出席人數超過80人,場面熱鬧。 聚會以有「VI」效果的亮燈儀式掀開序幕,帶出視界無限(Vision Infinity)的主题。其後「有作為」亦頒發感謝狀,以答謝合作夥伴過 去對視障青年的支持。「有作為」的服務得以開展並能發展至今,實 有賴各界企業機構、義工及熱心人士的支持,以及視障青年堅持不懈 的努力。 期望「有作為」繼續拓展合作夥伴網絡,為視障青年開拓更 多發展機會。

Project WORKS Corporate & Community Partnership Gathering 2021

Project WORKS Corporate & Community Partnership Gathering was successfully held on 20 November 2021 with more than 80 guests in attendance. The gathering began with an opening ceremony celebrating the theme of Vision Infinity with guest holding lights to form the letters V-I, followed by a presentation of Certificates of Appreciation to our work partners. Project WORKS could not have been possible without the support of the collaborating organizations, volunteers and warm-hearted persons, as well as the perseverance of visually impaired youths. We look forward to expanding our service network and creating more opportunities for the visually impaired in the future.

Ms. Shirley To, Project Manager **Project WORKS**







亦惯儀式 The opening ceremony to celebrate Vision Infinity

頒發感謝狀予「有作為」夥伴 Presenting Certificates of Appreciation to work partners of Project WORKS

產品及服務展覽 Product and service exhibition

124週年院慶 心光護理安老院 楊陳彩虹主任

心光護理安老院於2021年10月18日(星期一)舉行124週年院 慶·全體職員及院友皆盛裝出席慶典·當天·我們邀請到全院最年長 的院友—103歲的梁玉蘭婆婆·聯同院長郁德芬博士及主任楊太一同進 行切蛋糕儀式。之後、職員及院友一同玩遊戲、場面樂也融融。此 外·我們亦透過一年一度的「好人好事」獎勵計劃·鼓勵院友勤做運 動,多參與院舍義務工作,例如接聽電話、摘菜、澆花等。大家在一 片歡笑聲中,渡過一個愉快的下午。

124th Anniversary Celebration

The 124th Anniversary Celebration was held on 18 October 2021 with over 50 residents and staff in attendance. Birthday cake-cutting ceremony was hosted by our 103-year-old resident, Madam Leung, accompanied by Dr. Yuk and Mrs. Yeung. Also, we presented souvenirs to the residents in the Good Neighbour Recognition Ceremony in recognition of their efforts in exercising regularly and doing voluntary work. Besides, we played games with the residents and everyone had a blast.

Mrs. Rainbow Yeung, Superintendent **Ebenezer Care & Attention Home**



124调年切餅儀式 124th Anniversary Celebration



好人好事」得要院友 es of the Good Neighbour Recognition Awards





心繫指尖

心光學校 林思玲老師

學生和校友在《心繫指尖·編織藝術計劃》中製作了餐塾、鏡 子、籃子等,他們的作品已在學校大堂的愛心樹上展出,供來賓欣 賞。除此以外·大堂亦放置了由藝術家與學員共同紡織而成的「心光 熊啤啤」1米高大型毛公仔。《心繫指尖·編織藝術計劃》亦提供了編 織材料包,讓各界人士依製作步驟蒙眼製作,從中體驗及了解視障學 員學習編織的過程。



小熊毛公仔利用學員編織的布料創作 The 1-metre-tall woven teddy bear handcrafted by the participants of Weave at Fingertips



學員為《心光傲行2021》編織嘉賓紀全品 Our students handcraft souvening rs for the guests at Ebenezer Walkathon 2021



學員作品在愛心樹上開出 The woven products are now on display

Weave at Fingertips

Ebenezer students and alumni participated in the Weave at Fingertips programme and crafted different products including place mats, mirrors and baskets, which are now on display in the school lobby's Tree of Love, next to the 1-metre-tall woven teddy bear, also hand-made by the weaving artists and learners. The programme has also prepared some DIY weaving kits for Ebenezer's staff and visitors to take on a blindfolded weaving challenge to experience how visually impaired learned using other senses.

院療術者

Playing games

Ms. Lam Sze Ling, Teacher **Ebenezer School**



28光盲人院置學校, 125th Anniversary

編織材料包 The DIY weaving kit

Differ Ebenezer School



IP 生地覚用 1 語 Visiting Lamma Island



師生遊覽香港公園 Visiting Hong Kong Park



宿舍家長教導學生食材的營養價值 Houseparent teaching boarders about the nutritional value of different ingredients



師生遊覽長洲張保仔洞 Visiting Cheung Chau Cheung Po Tsai Cave



師生觀賞話劇《哈比魔法師》 Teachers and students watch the drama The Happy Wizard



校友楊恩華傳授二胡技巧 Teaching Erhu skills



童軍參加「齊步110,分享你我他」共融活動 The scouts participate in the Qibu 110, Sharing You, Me and Him inclusive activities



學生參與珠心算班 Students participate in abacus mental arithmetic classes



學生領袖透過電子日曆學習時間管理 Student leaders learn time management with the help of an electronic calendar



嘉賓與學生分享正向人生的態度 Guests are invited to promote positive values and attitudes to our students



學生觀賞並參與舞台劇 Students watch and participate in stage plays



宿舍壁報佈置 Dormitory board decoration

福音專工與被反





CEDAR Workshop在會展擺放獨位 A booth in HKCEC for selling CEDAR DIY products



首次舉行的「黑麻麻旅行團」,地點在中環 The first NOIR Tour in Central



CEDAR 的夜燈盒在虎豹別墅展出 CEDAR's lamp box display in Haw Par Mansion

道風山靈修之旅

Tao Fong Shan spiritual trip



Christian Ministry & Alumni

香港威克里夫聖經講座 Attending bible seminars at Wycliffe Bible Translators (HK)



信義會香港仔堂義工培訓計劃 Volunteer training at Aberdeen Lutheran Church

山光恩望尊成 Ebenezer New Hope School



音樂治療講座 Music Therapy workshop



挪亞方舟日營活動 Day Camp at Noah's Ark HK



中秋花燈製作 Mid-Autumn Festival lantern making



海洋公園同樂日 Ocean Park Day

自己焗的薄餅最美味 Enjoying the yummy pizzas we baked!



哈樂活動 Life Education activity





匹克球初體驗 Pickleball playing



義工探訪、同慶中秋 Mid-Autumn Festival celebration with volunteers



探索STEM活動續 STEM wall exploration



游泳真開心 I like swimming!

心光護理安老院 Ebenezer Care & Attention Home



院友彈琴表演 Piano performance by residents



在三角墊上俯臥作直手支撑 Building our arm strength with the plank pose on the triangular mat



向大家展示我們的作品吧 Let's show everyone our artworks!

喧幻兄教育支援服務



感官活動—感受紅豆盛放在不同器皿 所發出的聲音 Sensory activity - feeling the sound of red beans in different containers



我畢業了 It's my EIP graduation!





治療師為視障幼兒進行評估 Assessment session

到訪幼兒家中,就其視覺情況調適家居環境 Home visits are conducted to advise suitable home adjustments based on the child's visual conditions



復康訓練 Rehabilitation training



我的畫像 My Portrait

感官綜合訓練計劃 心光恩望學校 黎德貞老師

多感官室於1997年啟用至今已24年·大多數設備已過時甚至破舊不 堪·加上最初多感官室主要是為身體活動能力良好的視障學生而設· 並不切合現時學生的需要。

為迎合現時視障學生多重弱能的需求,促進學生在視覺、聽覺、觸 覺、嗅覺、本體感和前庭感方面的感官發展,本校於2018年申請優質 教育基金,推行「感官與學習—視障及多重障礙學生『感官綜合訓 練』計劃」,發展以學校為基礎的「感官綜合訓練(IST)」計劃,重 新設計多感官室,增添視覺、聽覺、觸覺、嗅覺訓練器材、可移動的 互動投影系統和天花吊機,以先進的設備來滿足視障及多重障礙學生 的複雜訓練需要,藉此提升學生對不同感官刺激的反應,以及提高學 生的感官和運動協調能力。經過3年的設計、規劃、籌備及翻新工程, 多感官室終於在2021年9月正式啟用,現時有多重弱能學生的班別每 星期均有二至四節在多感官室上課。

感官综合訓練(IST)課程強調「復康」與「教育」融合,着重加 強職業治療師與教師之間的合作和專業理念的互相分享。訓練計劃將 透過不同的感官刺激,提高學生對周遭環境的興趣,改善學生的感統 和運動協調能力,從而提升專注力,促進學生參與及投入課堂。



Integrated Sensory Training Programme

After three years of designing, planning and preparation, we have finally completed the renovation of our multi-sensory room which was officially re-opened in September 2021. It has been 24 years since the room's opening in 1997 and most equipment has become outdated and defective. Moreover, the multi-sensory room was originally designed for visually impaired students with good physical ability and thus may not fit the needs of current students. Therefore, we decided to apply for the Quality Education Fund in 2018 to implement the Integrated Sensory Training (IST) programme - Learn to Sense, Sense to Learn, which allowed us to renovate the room with new facilities to promote their visual, auditory, tactile, olfactory, proprioception and vestibular development and hence better meet the needs of our visually impaired students with multiple disabilities. The multi-sensory room was redesigned with the addition of different training equipment, a mobile interactive floor projection system and a ceiling hoist. This advanced setting meets the complex training needs of our students, helps enhance students' response to different sensory stimuli, and improves students' sensory and motor coordination abilities. Our students will spend two to four lessons per week in the new multi-sensory room.

The IST curriculum emphasizes the integration of rehabilitation and education through collaboration between occupational therapists and teachers. The training programme will activate students' different sensory stimuli to increase their interest in the environment, so as to improve students' sensory integration and motor coordination, enhance their concentration and promote classroom participation.

> Ms. Lai Tak Ching, Teacher Ebenezer New Hope School

流動互動地面投影系統 The mobile interactive floor projection system



視覺及觸覺訓練器材 Visual and tactile training equipment



視覺及小手肌訓練 Visual and fine motor training



視覺訓練器材

Visual training equipment

視覺探索 Visual exploration



視覺探索 Visual exploration



嗅覺訓練器材 Olfactory training equipment



嗅覺探索 Olfactory exploration

2021-23 心光學校校友會幹事會

心光學校校友會 主席 吳嘉明先生 (名譽秘書 周俊昌代執筆) 主席:吳嘉明先生

副主席:陳煥威先生 名譽秘書:周俊昌先生 名譽司庫:區嘉俊先生 會員事務幹事:譚世鴻先生 外務、宣傳及活動幹事:蘇智廉先生 李俊彥先生 徐文俊先生 校友校董:關志偉先生 學校代表:蕭少航先生

今年八月二十二日·校友會召開會員大會選出新一屆幹事·恭喜 吳嘉明校友第三度當選主席·亦樂見新一屆幹事中添了不少年青校 友。當選後,本會期望與校方通力合作,多表揚有傑出表現的學生。 本會亦希望能加強與校內其他組織的連繫、協誠為大家服務。

> 校友會多年来致力舉辦不同的聯誼活動 (相片為2018年6月校友會旅行) The Alumni Association organises diff reunion activities (photo taken in June 2018)

心光學校家長教職員聯會活動花絮

Ebenezer School Alumni Association (ESAA) Executive Committee 2021-23

The ESAA Annual General Meeting was held on 22 August to elect the new cohort of executive committee members. We hereby congratulate our alumnus Mr. Ng Ka Ming on being elected Chairperson for the third consecutive term. We are also delighted to welcome several fresh faces to the new committee, as well as to continue to collaborate with the school to motivate and support students and alumni. We also hope to strengthen our link with other sections of the school in our common endeavour of serving Ebenezer.

> Mr. Ng Ka Ming, Chairperson Ebenezer School Alumni Association





校友會幹事與秘院長及董校長会顾 Newly elected ex-co members

心光學校家長教職員聯會 主席 張文亮先生

家教聯於十月二十四日舉行了一年一度的會員大會·當日除報告20-21年度的會務及展望本年度的計劃外·亦順利通過修改會章·使本會更 有效發揮家校合作的功能。新一屆委員亦於當日順利誕生、七位家長委員、加上七位教職員代表、分別擔當以下職位:

主席:張文亮先生(中二張溢桉家長) 副主席:黃君保先生(校長) 文書:鄭俊誼先生(中一鄭婉婷家長)、方少玉女士(社工) 財政:林清樺女士(小三陳靖家長)、曹永莊女士(舍監)

康樂:鍾恩慧女士(中二陳浤益家長)、莊潤月女士(小二林子歡家長)、李珈熙女士(老師)、葉春玲姑娘(護士) 聯絡:邵凱先生(小四邵知言家長)、陳寶榆先生(小二陳恩佑家長)、傅清華女士(社工)、張美賢女士(老師)

除此之外‧新一任的家長校董亦順利誕生‧朱嘉豪先生(小四朱納浵家長)成為家長校董‧而陳寶榆先生(小三陳恩佑家長)成為替代家長 校董。期望新委員及校董的加入為家教聯注入新活力、繼續促進家校的合作與分享!

Annual General Meeting of Parent-School Association

The Parent-School Association (PSA) held its annual general meeting on 24 October. Members were briefed on the annual report and the new annual plan. The assembly also passed the amendments to the constitution. Moreover, IMC Parent Managers and the PSA Executive Committee (Exco) were elected with some new members. We hope that the Exco will bring new ideas and synergy to foster parent-school cooperation. Mr. Cheung Man Leung, Chairperson



主席主持有關修改會章事宜 The Chairman leads the discussion of the amendments to PSA's constitution



新任家長校董朱嘉豪先生(右)及替代家長校董陳寶榆先生(左) Our newly elected IMC Parent Managers



默要中 Ballot counting in progress

全方位活動日

心光學校 林思玲老師

11月18日為本校全方位活動日,承蒙「山與海教室」安排,當 天漢鼎書院學生到校與心光學生進行STEM小實驗和學科攤位遊戲。 本地著名編織藝術家則教授學生利用毛線及紙模具編織出可愛小木 馬。下午時段,初小、展能組學生及高小、中學生分別與漢鼎書院 學生玩地壺球和進行團隊建立活動 · 大家都十分投入活動 · 全體師 生渡過了既歡樂又有學習意義的活動日。

Life-wide Learning Day

The Life-wide Learning Day was held on 18 November. With the kind arrangements of Mountain and the Sea Educo, students from Han Academy and Ebenezer School gathered in our school campus to conduct STEM experiments and try their hand at various subject stall games. A group of renowned local knitting artists taught the students how to knit lovely wooden horse miniatures using yarn and paper models. In the afternoon, our lower primary and High Flyer students engaged in games of floor curling with Han Academy students, while our upper primary and secondary students took part in various team-building activities. It was a day of fun, genuine enjoyment as well as meaningful learning for all students and teaching staff.

Ms. Lam Sze Ling, Teacher **Ebenezer School**



Ebenezer students experiencing the magic of physics with Non-Newton fluid



同學利用毛線編織出可愛小木馬 ting a lovely wooden horse using yarn



漢鼎書院學生與心光學生進行團隊建立活動。 Team-building session for Ebenezer and Han Academy students alike



漠悬書院學生戴上眼罩體驗地喪球 A blindfolded floor curling expe for Han Academy students

Ebenezer School Parent-School Association

《心繫自然—森林體驗計劃》 心光學校 蔡梓培老師

在9月至11月期間,8名學生及其家長參與由嘉道理農場暨植物 園舉辦的《心繫自然 —森林體驗計劃》課程。課程著重以體驗式的 學習引發學生的學習動機,例如讓學生製作玩具給動物。在6天的課 程中,同學藉着參與各類型的教育活動及參觀大自然教室,提升了與 環境和諧並存的意識。最後,學生總結所學和感受,學習把生活連繫 大自然。

'Reconnect with Forest' Nature Immersion Programme

The Kadoorie Farm & Botanic Garden organized the 'Reconnect with Forest' Nature Immersion Programme from September to November and 8 students and their parents participated in it. The 6-day course offered various educational activities that raised environmental awareness. The course included a lot of stimulating experiential learning activities such as making toys for animals and using clay to demonstrate what they have learned. The participants had much fun while learning about nature.

Mr. Choi Tsz Pui, Teacher Ebenezer School



學生觸摸非洲球蟒 The student is touching an African Python Regius



學生運用有機食材製作斑蘭茶果 Students use organic ingredients to make pandan "Cha Guo"



學生學習播種及施肥 Students learn to sow and fertilize

「治肥企劃日營」及「大手拉小手親子日營」 心光學校 王曉蕙老師 陳月明老師 周佩怡老師

視障學童支援計劃在6月分別為中學生及小學生舉辦了「治肥企劃 日營」及「大手拉小手親子日營」。大家自疫情後首次見面,久別重 逢份外興奮。中學生盡情享用營地設施,燃燒疫情期間所累積的脂肪 ;小學生及家長則參與了親子遊戲及家長工作坊,以了解視障子女的 身心發展需要及如何為子女建立均衡的作息時間表,大家都渡過了愉 快又充實的一天。



親子遊戲多樂趣 An exciting parent-child game



小學生接受攀石挑戰 The junior students take on the climbing challenge

RSP Fit Camp & Hand-in-Hand Parent-Children Day Camp

RSP organized Fit Camp and Hand-in-Hand Parent-Children Day Camp for our secondary and primary students respectively last June. Students had been longing for these reunions since the outbreak of the COVID-19 pandemic. The secondary students burnt off quite a lot of holiday calories making use of the facilities in the campsite. The primary students and their parents took part in parent-child activities and a parent workshop about well-being and time management for children with visual impairment. The students have happily lost some and gained some from these camp activities.

Ms. Wong Hue Wai, Ms. Chan Yuet Ming, Ms. Chow Pui Yee, Teacher

同學手持弓箭凝視箭靶 The student is aiming his bow and arrow

Notetaker Workshops

點字筆記本工作坊 心光學校 黎健賢老師

為加強學生運用資訊科技輔助學習的能力,資訊科技科於10月至11 月的多元智能課共舉辦三次點字筆記本工作坊。學生於工作坊中學習點 字筆記本的基本操作方法,包括基本設定、檔案管理、摘錄課堂筆記等 等。這些知識不但能提升學生的學習效能,更能協助他們應付日後的工 作,提升他們於社會上的競爭力和適應能力。



資訊科技科老師協助同學分辨點字筆記本的按鍵 The students are getting familiarised with the keys on the NoteTaker



中學生摸讀點字筆記 The student is reading braille notes

In order to strengthen students' ability in using assistive technology, the school IT panel conducted three NoteTaker workshops this year where students learned the basic operations of a NoteTaker, including the settings, file management and taking notes. This not only assists visually impaired students in learning, but also allows them to handle clerical tasks in the workplace more effectively, and hence gaining better competitiveness and adaptability in society.

Mr. Lai Kin Yin, Teacher Ebenezer School

Ebenezer School



學生學習運用點字筆記本 The student is learning to use the NoteTaker

關於行路·我說的其實是...... 「行向新希望」學員 丁怡傑

我叫丁怡傑,2018年考入香港演藝學院,學習小提琴。我患有先天性視障,從小媽 媽就訓練我獨立生活。我覺得香港的無障礙設施十分完善.例如街上會有聲音讓視障者 判斷自動扶梯的方向:馬路上幾乎所有的交通燈都有聲響,十分便利視障人士。

我有幸參加由心光機構舉辦的定向行走訓練。上課時·老師耐心地把路上的一切狀 況描述給我聽。我有時靠着聆聽四周的聲音來認路,有時靠嗅覺和觸覺辨認方向,又或 用手杖來感知路面的不同。在老師悉心教導下·我能獨自到達目的地·讓我很有成就 感。我十分感謝「行向新希望」計劃及心光學校老師辛勤的付出。

Let's Talk the Talk and Walk the Walk

I'm Yijie Ding. I have been studying as a violin student in the Hong Kong Academy for Performing Arts since 2018. Despite my visual impairment, I have learned to live quite independently ever since I was a little kid. On top of that, the barrier-free accessibility in Hong Kong makes getting around even easier so starting my studies here was not much of a challenge.

I thought I was beyond capable until receiving my first Orientation and Mobility training in Hong Kong that I realised that there was still much to learn. The Ebenezer Walk with Hope instructor was kind and patient in describing the environment and explaining common obstacles to me. I was trained to use the walking cane properly and understand my surroundings using all my senses, which has allowed me to get to places without any guessing or assistance after merely two or three sessions. I am very thankful to the instructor and this wonderful programme!

Ms. Ding Yijie Ebenezer Walk with Hope Service User



丁怡傑曾舉行小提琴獨奏會 Aspiring violinist Yije Ding

在晴朗的一天出發

「行向新希望」 學員 葉亭頤

我非常感謝「行向新希望」計劃,它令我重拾自信,能獨 立地在街上行走。通過計劃,我學會更多新路線,使我能大 膽地走出社區,探索更多新事物。相比以前經常留在家中, 現在我變得開朗多了。雖然在短時間內要熟習所有路線十分 困難,但只要用心練習,熟能生巧,終有一天,我能暢通無 阻地步行。

在此,我要再次感謝心光學校魏老師的耐心指導,她教會 我利用手杖探測環境、標記和辨認方向。我也十分感謝心光 機構讓我參加這個計劃,因為計劃真的能幫助視障人士融入 社會,希望日後有更多人能受惠。

Good Morning, Sunshine!

I recently participated in the Walk With Hope Programme, which has given me the confidence to get around independently and encouraged me to explore beyond my usual community. It will take some time before I can memorise all the new routes I've learned but I believe practice makes perfect and I will give my best efforts in the training.

I would like to thank Ms. Ngai for patiently guiding and teaching me how to use the walking cane to explore the environment and understand directions. I am grateful to Ebenezer for this valuable programme and hope that more people can benefit from it.

Ms. Tammy Yip Ebenezer Walk with Hope Service User



葉亭頤比以前自信、開朗多了 nmy feels more confident than ever before



葉亭頤自行從家裏往返心光 Tammy can go to Ebenezer from home independently

心光盲人院暨學 Ebenezer School and Home for the Visually Impaired



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全院特備節目 / 特別嘉賓探訪 Special Highlights / Visit by VIPs



《一路瞳行》朱鳳嫻導演與觀眾大合照 Sunshine of My Life's director Judy Chu and the audience



星級廚神藝人黎諾懿先生教授學生烹飪 TV Master Chef Mr. Chris Lai is teaching students cooking



郁院長及涂淑怡姑娘於《一路瞳行》電影放映會分享感受 Dr. Yuk and Ms Shirley To speak at the screening of Sunshine of My Life



兩校師生獲邀到大埔慈山寺觀賞「 一念一花 5G 4K 直播音樂會」 Watching the Universe in a Flower 5G 4K Live Streamed Concert at Tai Po Tsz Shan Monastery





與企業夥伴Ms. Margaret Leung (圖右) 於中秋節遊覽虎豹別墅 Visit to Haw Par Mansion at Mid-Autumn Festival with corporate partner Ms. Margrant Leung of Les Beatitudes (far right)

Acknowledgement of Large-sum Donations and Allocations

愛心奉獻@福音事工 Donation Appeal by Christian Ministry

在1897年,德國喜迪堪會Hildesheimer Blindenmission (HBM) 憑藉基督耶穌教導的愛心,委派宣教士在香港創辦了心光盲人院暨學校。而傳揚輻音的工作一直由德層 宣教士創立的「輻音事工部」負責,服務範圍包括院內的宗教活動及院外的福音事工。院內除宗教課外,還組織各個團契、崇拜及活動等。院外的福音事工,主要 包括帶領校友認識耶穌基督及安排教會,同時組織團契及福音活動,探訪校友、校友生涯規劃發展、輔導、協助申請社會資源等。上述事工的一切開支,以往大會 份标準備URM美會資料。

份皆獲得HBM是會貨助。 讀著差會於2010年10月徽離香港去為其他更有需要的國家服務後,「福音事工部」所有的經費,均全賴一眾熱心人士累力支持,方可承傳向校友廣傳福音的工作。 5此,我們懇切誠邀各位關心親障校友需要的朋友們,一同支持福音事工,樂於奉獻以支持部門繼續營運及發展。各位對我們的捐獻與代罄,將是莫大的支持。倘 皆您滿心威動,願以捐款的方式支持心光盲人院暨學校傳編音的事工,請參閱本通訊附件之捐款表。 (請在此閱讀完整版 Please scan here for English version)



總編輯: 黃君保副院長 編輯小組: 方天大、陳淑雯、劉曉娜、馮穎謙、黃梓豐、黃碧琪、莊欣 f Chief Editor: Remy Wong Editors: Ben Fong, Sandy Chan, Annice Lau, Joanne Fung, Kenneth Wong, Peggy Wong, Janice Chong 📞: 3159 5400 🖆: 2817 4355 🚭: www.ebenezer.org.hk 出版: 心光盲人院暨學校 香港薄扶林道131號 131 Pokfulam Road, Hong Kong Publisher: ESHVI 設計/印刷 Design/Printing: TOM'S STUDIO (Tel/WhatsApp: 6072 8067)



